



SKATE COMPANY SKATING CLUB

Welcomes you!

Welcome to our Learn to Skate program!



We're happy to have you here!

Whether you've joined us in class before, or if you're brand new to our program- we're happy to have you on the ice with us! Our Learn to Skate program is a terrific way to learn new skills on the ice, get some exercise, and meet new friends! Skate Company Skating Club is a proud participant in the U.S. Figure Skating's Learn to Skate USA program. The mission of this program is to provide a goal-oriented curriculum that encourages ice skating at all levels and to enhance the quality of skating skills at these levels. The Learn to Skate USA program is designed to teach skaters the fundamentals of skating while having fun on the ice. From aspiring hockey players to figure skaters, of all ages and a skill levels- you're welcome here!

Overview:

- Welcome!
- A guide to your first day
- Equipment & clothing
- Meet the coaches
- Board Members

Stay in touch!



skatecompanyskatingclub.com



[skatecompanyskatingclub](https://www.facebook.com/skatecompanyskatingclub)



skatecompanyskatingclub@gmail.com



Remind- Text @skatecsc to 81010

First day procedures

- Masks are currently optional
- Upon entering the building, you will see a table with some very nice people sitting there. You will check in here, pick up skates if you rented them, and then be told where to sit to put on skates. If you need help tying skates, there will be help available.
- Be ready, with skates fully on 10 minutes before your class start time
- Skaters will gather in the arena just outside the entrance to the ice. The instructors will call the name of each skater in their class and will then let the skater know when it is okay to step onto the ice. Please do not have the skaters get onto the ice without first checking in with the staff.
- Snowplow & Basic 1 classes: The instructor will make sure their skates are tied properly and then will go over important skills before getting onto the ice.
- Spectators may sit in the bleachers or stand to either side of the entrance to the ice. Please do not stand and block the entrance to the ice.
- The most important thing to remember is.....



Have fun!

Join our Facebook group!

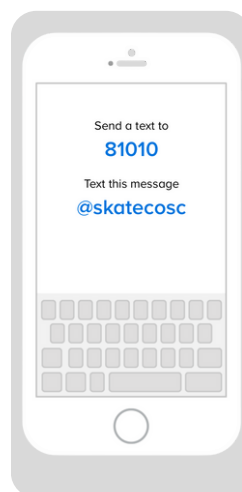


Skate Company Skating Club
Private Group

Reminder-

If you have not paid your class fees, please stop at the Learn to Skate table on your first day for payment. Thank you!

Stay in the loop!



Sign up for our
Remind
texting!
text
@skatecsc
to 81010

What equipment and clothing do we need?

Skates

- Skates should have proper ankle support. A good rule of thumb is to hold the skate upside down. If it flops to one side, there is not proper ankle support.
- Play it Again Sports is a good place to purchase beginner skates. Rinks and skating clubs occasionally have used skate sales as well. We do offer rental skates.
- Good brands to look for are Jackson and Riedell. These brands make skates starting at beginner through advanced. Lake Placid is also a good brand for beginner basic skills.
- Figure skates are easier to learn on than hockey skates. This is because the blade on a figure skate is longer and flatter making pushing from the blade easier without falling forward. Once the skater is comfortable and can balance, it will be easier to switch to a hockey skate if desired.
- Skates should fit snug. There should not be much room for the foot to slide around.

Clothing

- Light padding for the knees or elbows are okay, but please **do not have the skater wear hockey type pads**. It is important that the skater is able to move freely. It will be difficult for them to move and to get up from the ice if they are wearing heavy padding.
- A light jacket or hoodie is best for warmth. It is best to dress in layers and then remove a layer as the skater warms up rather than to try to skate in a heavy, bulky jacket.
- Gloves are **REQUIRED**. Gloves are available to purchase for \$2 a pair.
- Helmets are **highly recommended** for beginner skaters. They are required for Snowplow
- Wear CREW LENGTH socks or tights...**NO ANKLE SOCKS**. It is important that the sock is equal to or above the top of the skate. It will be more comfortable for the skater if the skate does not dig in directly to the skin.
- Leggings, tights or athletic type pants are highly recommended. Denim restricts the skater's movement.
- Freestyle skaters should wear their pony tail pulled back away from their face. A pony tail is the best option. No hair claws!
- **NO CELL PHONES** on the ice.



Don't forget!

 <p>SKATES! GOOD ANKLE SUPPORT NEEDED</p>	 <p>GLOVES! REQUIRED TO BE ON ICE</p>	 <p>SWEATSHIRT/ LIGHTWEIGHT JACKET</p>
 <p>WATER BOTTLE & H2O. STAY HYDRATED!</p>	 <p>LEGGINGS OR SWEAT PANTS & TALL SOCKS</p>	 <p>HELMET (SNOWPLOW & BEGINNER)</p>

 **and be on time with skates on!**

Avoid the following



**HOCKEY PADS, JEANS OR SHORTS
CELL PHONES, FOOD, GUM, HAIR CLAWS,
& TOYS (WHILE ON ICE)**

Director



Jen Cooley



Julie O'Connor



Gail Sombati



Shannon O'Connor



Sara Nash



Brandon Byrd



Kayleigh O'Connor



Melissa Ksiazek



Kelly Urban



Amber Dinellari



Joscelyn Van Cleave



BreAnna Ochman

Meet your Coaches

Get to know the friendly faces you'll see on the ice! All of our Coaches are members of United States Figure Skating, have passed a comprehensive background check through the National Center for Safety Initiatives (NCSI), and are SafeSport certified.

Check out the coach's bios on our website!

Meet your Board Members

Questions?

We're happy to help! Email us, send us a FB message, or stop by our table during LTS!

Skate Company 2023-24 Board Members



Melanie Petri
President



Andrew Boone
Vice-President



Debbie Van Cleave
Treasurer



Mallory Dumont
Secretary



Kelly Urban
Director



Melissa Herrera
Director



Katy Olsen
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Kristina Quirouette
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